## FERMENTERIA

## List of allergens:

## Sauces:

Chicken ragout: $60 \%$ Chicken meat, $10 \%$ white wine, $5 \%$ carrots, $\mathbf{5 \%}$ onion, $5 \%$ celery (celery and celery products), $5 \%$ extra virgin olive oil, $5 \%$ salt, $2.5 \%$ pepper, $2.5 \%$ herbs.

If consumed in a restaurant, the following are used in the preparation of the dish: Butter and Parmesan cheese (milk and milk-based products), aromatic herbs and extra virgin olive oil.

Cacio e pepe: $55 \%$ milk (milk and milk-based products), $\mathbf{3 0 \%}$ goat's cheese (milk and milk-based products), $10 \%$ butter (milk and milk-based products), $5 \%$ pepper.

Beef ossobuco ragout: $30 \%$ beef, $30 \%$ peeled tomatoes, $10 \%$ white wine, $5 \%$ extra virgin olive oil, $\mathbf{5 \%}$ celery (celery and celery products), $5 \%$ carrots, $5 \%$ onion, $3 \%$ salt, $3 \%$ pepper, $3 \%$ rosemary

If consumed in a restaurant, the following are used in the preparation of the dish: butter (milk and milk-based products), Parmesan cheese (milk and milk-based products), aromatic herbs, spices.

Tomato sauce: $59 \%$ peeled tomato, $20 \%$ onion, $10 \%$ extra virgin olive oil, $5 \%$ cane sugar, $5 \%$ garlic oil, $1 \%$ salt.

If consumed in restaurants, the following are used in the preparation of the dish: extra virgin olive oil, aromatic herbs.

Smoked trout sauce: Smoked trout with salt, brown sugar, lemon, dulse seaweed, extra virgin olive oil (fish and fish products), panna fesca, butter (milk and milk products), chives.

Mussel sauce: mussels (fish and fish products), extra virgin olive oil, garlic, parsley.
If eaten in a restaurant, the following is added: Black garlic emulsion (black garlic, water, virgin olive oil, salt), parsley and chilli bread
(cereals containing gluten), tomato powder
Besciamella: milk,butter,parmesan cheese (milk and milk products), cornstarch, nutmeg, salt.

Fresh pasta: 33\% durum wheat semolina (cereals containing gluten), $16.5 \% 0$ wheat flour, $16.5 \%$ flour2 (cereals containing gluten), $33 \%$ fresh eggs and pasteurized yolks (eggs and egg products).

Fresh red pasta: $33 \%$ durum wheat semolina (cereals containing gluten), $16.5 \% 0$ wheat flour, $16.5 \%$ flour2 (cereals containing gluten), $33 \%$ fresh pasteurized eggs and yolks (eggs and egg products), tomato powder.

Fresh pasta with vegetable charcoal: 33\% Durum wheat semolina (cereals containing gluten), $16.5 \% 0$ wheat flour, $16.5 \%$ flour2 (cereals containing gluten), $33 \%$ fresh pasteurized eggs and yolks (eggs and egg products), charcoal.

Bread: 30\% Water, 20\% Durum Wheat Wheat Flour, 20\% Durum Wheat Flour, 15\% Extra Virgin Olive Oil, 10\% Salt, 5\% Brewer's Yeast.

Brioche bread: 30\% durum wheat flour 2, 30\% durum wheat flour 0, 10\% eggs (eggs and egg products), $\mathbf{1 0 \%}$ water, $\mathbf{5 \%}$ butter (milk and milk products), $5 \%$ milk (milk and milk products), $5 \%$ cane sugar, $2.5 \%$ salt, $\mathbf{2 . 5 \%}$ brewer's yeast.

Butter croissants: Wheat flour 0 40\%, wheat flour $2 \mathbf{2 0 \%}$ (cereals containing gluten), butter 15\% (milk and milk products), water 10\%, cane sugar 5\%, eggs 5\% (eggs and egg products), honey $2 \%$, brewer's yeast $2 \%$, milk $0.5 \%$, salt $0.5 \%$.

If eaten in a restaurant it is served with: goat cheese (milk and milk-based products), cooked ham, cocktail sauce (see sauces), teriyaki salad (see vegetables).

Burger bread: 54.5\% Durum wheat flour 0 (cereals containing gluten), milk 20\% (milk and milk products), $\mathbf{2 0 \%}$ water, $2.5 \%$ butter (milk and milk products), $\mathbf{2 . 5 \%}$ cane sugar, salt $\mathbf{0 . 5 \%}$, sesame (sesame and sesame products). It is brushed before baking with egg yolks (eggs and egg products), milk (milk and milk products).

Sliced bread: 54.5\% Durum wheat flour 0 (cereals containing gluten), milk 20\% (milk and milk-based products), $20 \%$ water, $2.5 \%$ butter (milk and milk-based products), $\mathbf{2 . 5 \%}$ cane sugar, salt $0.5 \%$.

Parisian corn Gnocchi: milk, butter, parmesan cheese(milk and mil products),eggs(eggs and eggs products),corn flour, cornstrach, nutmeg, salt.

## Meat:

Pork ribs with paprika and barbecue ketchup: 60\% Pork, $20 \%$ homemade barbecue ketchup (see sauces), $10 \%$ sweet paprika, $5 \%$ salt, $2.5 \%$ extra virgin olive oil, $2.5 \%$ garlic oil.

Beef tartare: $100 \%$ Beef minced with a knife.
If consumed in restaurants, the following are used in the preparation of the dish: salt, pepper, extra virgin olive oil, aromatic herbs, pickled cucumbers: gherkins, vinegar, agave juice, sea salt, dill, mustard seeds (mustard and mustard products), onions, chili pepper; caper fruits: caper fruits, water, wine vinegar, salt, acidity regulator, citric acid; olive pate: black olives, extra virgin olive oil, salt, natural flavors and citric acid; mustard*, homemade brioche bread (see recipe PG 2), egg-on-the-eye (eggs and egg products), butter (milk and milk products), fresh horseradish and white wine vinegar.

Beef burgers: Selected and ground beef.
If eaten in a restaurant it is served with hamburger bread (see recipe pg 2), omelette (eggs, bacon, parmesan, butter, salt and pepper), salad, tomato.

Chicken Roll: Chicken thigh, herbs, salt, brown sugar.
Chicken thigh: $97 \%$ Chicken thigh, $1 \%$ garlic, $1 \%$ rosemary, $0.5 \%$ salt, $0.5 \%$ pepper, $0.5 \%$ brown sugar.

If eaten in a restaurant, herbal butter (milk and milk products) is added.
Cured pork neck: pork neck $80 \%$, mustard 5\% (mustard and mustard products), garlic extra virgin olive oil $5 \%$, extra virgin olive oil $5 \%$, aromatic herbs $4.5 \%$, pepper $0.5 \%$, salt $0.5 \%$

Beef meatballs: Minced beef, bread (cereals containing gluten), milk, cream, Parmesan cheese (milk and milk products), red onion, cured bacon, basil, parsley, salt.

Serve with tomato sauce (see recipe on sauces).
Smoked beef: Beef, salt, extra vergin olive oill, garlic, pepper, cane sugar
If it consumed in the restaurant we add herbs butter (milk and milk products)
Snails: Snails, celery(celery and celery products), carrots, onion, garlic, withe wine, salt.
If it is consumed in the restaurant: butter,parmesan cheese (milk and milk products), vinegard, parsley, spring onion, garlic, onion powder, salt, pepper.

Pork fillet: pork fillet, mustard (mustard and mustard products), olio extra vergine di oliva, sale, pepe

If it consumed in the restaurant we add herbs butter (milk and milk products)

Mustard**:mustard seeds (mustard and mustard products), vinegar, water and salt.

## Vegetables

Steamed potatoes: $95 \%$ Potatoes, $5 \%$ sale.
If eaten in a steamed restaurant, extra virgin olive oil, salt and pepper are added.
If eaten in a restaurant, extra virgin olive oil, garlic oil, salt, pepper and rosemary are added to the oven.

Steamed savoycabbage: Savoy cabbage, garlic oil, onion powder, salt, black pepper.
Fermented onion: Onion,salt.
Celeriac puree: Celeriac (celeriac and celery products), water, potato, extra virgin olive oil, white wine vinegar, salt.

Roasted Cardoncelli: cardoncelli mushrooms, extra virgin olive oil with garlic, rosemary, salt, pepper.

If consumed in a restaurant, butter (milk and milk products), aromatic herbs are added.
Corn purèe: Corn, water, extra vergin olive oil, potatoes, onion, garlic, salt.
Red cabbage:Red cabbage, balsamic vinegard, soy sauce (soy and soy products)
Mashed potatoes: Potatoes , milk, butter (milk and milk products), nutmeg, salt.
Steamed chard: Swiss chard, lemon juice, extra virgin olive oil, salt, pepper
Jerusalem artichoke puree: water, Jerusalem artichokes, extra virgin olive oil, white wine vinegar, salt

Steamed artichokes: Artichokes, extra virgin olive oil, lemon juice, salt, garlic, pepper
Lettuce purèe: Lettuce, potatoes, extra vergin olive oil.

## EISH:

Smoked trout: Trout(fish and fish products), salt, brown sugar, lemon peel, dulse seaweed, extra virgin olive oil

## Sauces

Homemade mayonnaise: $50 \%$ extra virgin olive oil, $\mathbf{3 0 \%}$ pasteurized eggs 30 min at $68^{\circ} \mathrm{C}$ (eggs and egg products), $\mathbf{1 0 \%}$ mustard (mustard and mustard products), $\mathbf{3 \%}$ white wine vinegar, $3 \%$ lemon juice, $3 \%$ salt.

Balsamic vinegar caramel: 60\% balsamic vinegar and 40\% brown sugar
Homemade barbecue ketchup: 40\% Peeled tomatoes, $15 \%$ onion, $10 \%$ cane sugar, $10 \%$ wine vinegar, $5 \%$ sweet paprika, $5 \%$ salt, $2.5 \%$ balsamic vinegar, soy sauce $2.5 \%$ : soy (soy and soy products), sea salt, salted schochu (accacqua, rice, salt, koji), $5 \%$ mustard (mustard and mustard products), 5\% black garlic, $2.5 \%$ garlic, $2.5 \%$ chilli.

Horseradish sauce: $70 \%$ horseradish root, $30 \%$ white wine vinegar.
Cabernet reduction: Cabernet, brown sugar.
Parsley oil: Extra virgin olive oil, parsley, extra virgin olive oil with garlic, garlic, salt.
Tomato caramel: brown sugar, poomodoro, water
Citronette: Extra vergin olive oil, lemon, mustard (mustard and mustard products), salt, pepper

## Sweets

## Tiramisu:

50\% for the cream: 35\% Cream, 35\% mascarpone (milk and milk-based products), 20\% eggs (eggs and egg-based products), $10 \%$ cane sugar.
$+$
30\% For ladyfingers: 35\% eggs (eggs and egg products), 30\% cane sugar, 25\% rice flour, 5\% lemon, 5\% vanilla.
$15 \%$ soaked in 100\% Arabica coffee and 5\% dusted with unsweetened cocoa.
Cocoa millefeuille:
For the $40 \%$ puff pastry:
Ingredients: Water, Butter (milk and milk products), Wheat flour 0 (cereals containing gluten), Cocoa, Salt

For the 20\% ricotta cream:
Cottage cheese, cream (milk and milk products), cane sugar, lemon, vanilla
Slasa ciliegie 10\%:
Ingredients: cherries, brown sugar, anise

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pistachios (nuts)
Buckwheat sablé:
Buckwheat flour, butter (milk and milk products), brown sugar, eggs (eggs and egg products), baking powder, salt, cardamom +

Gianduja chocolate mousse: Cream (milk and milk-based products), Giuanduia chocolate: cocoa mass, hazelnuts (nuts) cane sugar, cocoa butter, cocoa $70 \%$ minimum, isinglass +
crème fraiche (milk and milk-based products) +

## peanut butter (nuts)

Sprinkled with cardamom powder.

Orange and vanilla crème cotta: Milk, cream (lactose-free), eggs (eggs and egg products) sugar, orange, vanilla. Served with fresh passion fruit.

Fruit tart: Shortcrust pastry: Soybean flour (soy and soy products), corn flour, corn starch,
Date syrup, cane sugar, sunflower oil, soy vegetable drink (soy and soy products), almonds (nuts), baking powder, lemon, vanilla, salt.

Custard: vegetable soy drink (soy and soy products), corn starch, cane sugar, lemon, vanilla, turmeric.

Fresh seasonal fruit, strawberry powder and caramel almonds (nuts).

Apples and ginger jam: 60\% Apples, 20\% cane sugar, 15\% ginger, 5\% lemon.

