

FERMENTERIA

FERMENTERIA IS AN ARTISANAL RESTAURANT, IN OUR KITCHEN WE PREPARE EVERYTHING HOMEMADE. WE ARE VERY ATTENTIVE TO HYGIENE AND CONTAMINATION AND AS A GUARANTEE OF THIS WE PRESERVE EVERYTHING VACUUM-PACKED. HOWEVER, WE ARE NOT CERTIFIED "GLUTEN-FREE" BECAUSE ALTHOUGH VERY CAREFUL THE FLOURS ARE VOLATILE AND COULD SLIGHTLY CONTAMINATE THE PREPARATIONS.

IF YOU TELL US YOUR NEEDS, HOWEVER, WE GUARANTEE THE UTMOST RESPECT IN THE CREATION OF YOUR DISH, USING DEDICATED POTS, TOOLS AND TOPS.

Allergen list:

Sauces:

Duck ragout: Duck meat, vegetable broth, extra virgin olive oil, white wine, **celery (celery and celery products)**, carrots, onion, herbs, lemon, pepper, salt.

If consumed in a restaurant, the following are used in the preparation of the dish: **Butter and Parmesan cheese (milk and milk-based products)**, aromatic herbs and extra virgin olive oil.

Cacio e pepe: 55% **milk (milk and milk products)**, 30% **goat's cheese (milk and milk products)**, 10% **butter (milk and milk products)**, 5% pepper.

Beef ossobuco ragout: 30% beef, 30% peeled tomatoes, 10% white wine, 5% extra virgin olive oil, 5% **celery (celery and celery products)**, 5% carrots, 5% onion, 3% salt, 3% pepper, 3% rosemary

If consumed in a restaurant, the following are used in the preparation of the dish: **butter (milk and milk-based products)**, **Parmesan cheese (milk and milk-based products)**, aromatic herbs, spices.

Tomato sauce: 59% peeled tomato, 20% onion, 10% extra virgin olive oil, 5% brown sugar, 5% garlic oil, 1% salt.

If consumed in a restaurant, the following are used in the preparation of the dish: extra virgin olive oil, aromatic herbs.

Smoked trout sauce: **Smoked trout with salt, brown sugar, lemon, dulse seaweed, extra virgin olive oil (fish and fish products)**, **fresh cream, butter (milk and milk products)**, chives.

Mushroom sauce: Mushrooms, water, onion, potato, extra virgin olive oil, garlic, salt, pepper.

If consumed in restaurants, the following is added: **butter, parmesan cheese, smoked ricotta (milk and milk-based products)**.

Fondue: **cheese, milk and cream, (milk and milk products)**

Bean cream: Water, beans, extra virgin olive oil, onion, potatoes, balsamic vinegar, salt, garlic.

FRESH PASTA AND BAKERY PRODUCTS

Fresh pasta: 33% durum wheat semolina (cereals containing gluten), 16.5% wheat flour 0, 16.5% flour2 (cereals containing gluten), 33% fresh eggs and pasteurized yolks (eggs and egg products).

Fresh red pasta: 33% durum wheat semolina (cereals containing gluten), 16.5% wheat flour 0, 16.5% flour2 (cereals containing gluten), 33% fresh eggs and pasteurized yolks (eggs and egg products), tomato powder.

Fresh pasta with vegetable charcoal: 33% Durum wheat semolina (cereals containing gluten), 16.5% wheat flour 0, 16.5% flour2 (cereals containing gluten), 33% fresh eggs and pasteurized yolks (eggs and egg products), vegetable charcoal.

Bread: 30% Water, 20% durum wheat flour 2, 20% wheat flour 0 durum wheat, 15% extra virgin olive oil, 10% salt, 5% brewer's yeast.

Brioche bread: 30% durum wheat flour 2, 30% wheat flour 0 durum wheat, 10% eggs (eggs and egg products), 10% water, 5% butter (milk and milk products), 5% milk (milk and milk products), 5% cane sugar, 2.5% salt, 2.5% brewer's yeast.

Butter croissants: Wheat flour 0 40%, wheat flour 2 20% (cereals containing gluten), butter 15% (milk and milk products), water 10%, cane sugar 5%, eggs 5% (eggs and egg products), honey 2%, brewer's yeast 2%, milk 0.5%, salt 0.5%.

If eaten in a restaurant, it is served with: **goat's cheese (milk and milk-based products)**, cooked ham, **cocktail sauce (see sauces)**, **teriyaki salad (see vegetables)**.

Hamburger bread: 54.5% Wheat flour 0 durum wheat (cereals containing gluten), milk 20% (milk and milk products), 20% water, 2.5% butter (milk and milk products), 2.5% cane sugar, salt 0.5%, sesame (sesame and sesame products). It is brushed before cooking with yolks (eggs and egg products), milk (milk and milk products).

Sliced bread: 54.5% 0 durum wheat flour (cereals containing gluten), milk 20% (milk and milk products), 20% water, 2.5% butter (milk and milk products), 2.5% cane sugar, salt 0.5%.

Potato and corn dumplings: Potatoes, corn flour, eggs (eggs and egg products) Parmesan cheese (milk and milk products, salt, nutmeg).

If consumed in a restaurant, the following are added: **butter, Parmesan cheese (milk and milk-based products)**.

Spatzle: Corn flour, rice flour, buckwheat flour, milk, parmesan cheese (milk and milk products), eggs (eggs and egg products), salt, nutmeg

Cream puffs: Corn flour, rice flour, milk, butter (milk and milk products), eggs (eggs and egg products), salt.

It is served with a filling of black beans: Beans, water, extra virgin olive oil, garlic, salt, chilli pepper and **tomato caramel (see sauces)**, paprika

Meat:

Pork Ribs with Soy: Pork ribs, **soy sauce (soy and soy products)**, salt

Beef tartare: 100% Knife-minced beef.

If consumed in a restaurant, the following are used in the preparation of the dish: salt, pepper, extra virgin olive oil, aromatic herbs, pickled cucumbers: gherkins, vinegar, agave juice, sea salt, dill, **mustard seeds (mustard and mustard products)**, onions, chilli; caper fruits: caper fruits, water, wine vinegar, salt, acidity regulator citric acid; olive pate: black olives, extra virgin olive oil, salt, natural flavors and citric acid; **Mustard***, **homemade brioche bread (see recipe PG 2)**, **fried egg (eggs and egg products)**, **butter (milk and milk products)**, fresh horseradish and white wine vinegar.

Cotechino: Pork, salt, pepper, garlic

Breaded chicken thigh: Chicken, salt.

If consumed in restaurants, the following are added: **wheat flour, bread (cereals containing gluten), egg (egg and egg products)**.

Version with gluten-free ingredients: Gluten-free flour and bread, **egg (egg and egg products)**.

Beef meatballs: Minced beef, **bread (cereals containing gluten), milk, cream, Parmesan cheese (milk and milk-based products)**, red onion, seasoned bacon, basil, parsley, salt.

Serve with *tomato sauce (see recipe on sauces)*.

Roastbeef: Beef.

If consumed in a restaurant, **herb butter (milk and milk products) is added,**

Pork Bowl: Pork, red wine, herbs, garlic, brown sugar, salt, pepper

If consumed in a restaurant, **herb butter (milk and dairy products) is added**

Mustard*: mustard seeds (**mustard and mustard products**), vinegar, water and salt.

Vegetables

Steamed potatoes: 95% potatoes, 5% salt.

If consumed in a steamed restaurant, extra virgin olive oil, salt, pepper are added.

If consumed in a baked restaurant, extra virgin olive oil, garlic oil, salt, pepper, rosemary are added.

Steamed leek: Leek, extra virgin olive oil, salt, pepper

Fermented onion: Onion, salt.

Steamed artichoke: artichoke, garlic extra vergin olive oil, lemon juice, salt, pepper

Celeriac puree: **celeriac (celery and celery products)**, water, potatoes, extra virgin olive oil, vinegar, salt

Steamed cabbage: Savoy cabbage, extra virgin olive oil, salt, pepper

Pumpkin puree: Pumpkin, potatoes, extra virgin olive oil, onion, salt, lemon

Steamed eggplant: Eggplant, extra virgin olive oil, garlic, salt, pepper.

Steamed radicchio: Radicchio, balsamic vinegar, extra virgin olive oil, salt, pepper

Vegetable tartare: Purple cabbage, carrots, **celery (celery and celery products)**

If consumed in restaurants, the following is added: olives, *datterini emulsion (see sauces)*, *fermented onion (see vegetables)*, **semi-wholemeal bread (cereals containing gluten) see bread recipe**; **vegetable mayonnaise (see sauces)**

Fermented Cap: Cap, salt, lemon.

Fermented Purple Cap: Purple Cap, Salt

Steamed cauliflower: Cauliflower, salt.

Single dishes

Quinoa: Quinoa, olives, carrots, chickpeas, extra virgin olive oil, garlic, turmeric, masala.
(*citronette see sauces*)

Basmati rice: Basmati rice, lentils, **soy sauce (soy and soy products)**, *pumpkin cream (see vegetables)*, **sesame (sesame and sesame products)**, salt

Cream of broad beans: **broad beans (broad beans and fava bean products)**, buckwheat, fennel, extra virgin olive oil, *balsamic caramel (see sauces)*, garlic, salt

EISH:

smoked trout: Trout (fish and fish products), salt, cane sugar, lemon peel, dulse seaweed, extra virgin olive oil

fish tartare: Fish (fish and fish products), semi-wholemeal bread (cereals containing gluten), sweet and sour shitake mushrooms (vinegar, salt, sugar), chives, soy sauce (soy and soy products), pumpkin and ginger mustard (*see sauces*)

Smoked trout tartare: Trout (fish and fish products), salt, cane sugar, lemon peel, dulse seaweed, extra virgin olive oil, semi-wholemeal bread (cereals containing gluten), robiola (milk and milk-based products), olive pate, seaweed, black garlic, soy drink (soy and soy products).

Sauces

Homemade mayonnaise: 50% extra virgin olive oil, **30% pasteurized eggs 30 min at 68°C (eggs and egg products), 10% mustard (mustard and mustard products)**, 3% white wine vinegar, 3% lemon juice, 3% salt.

Balsamic vinegar caramel: 60% balsamic vinegar and 40% cane sugar

homemade barbecue ketchup: 40% peeled tomatoes, 15% onion, 10% brown sugar, 10% wine vinegar, 5% sweet paprika, 5% salt, 2.5% balsamic vinegar, *soy sauce 2.5%: soy (soy and soy products)*, sea salt, salted shochu (water, rice, salt, koji), 5% **mustard (mustard and mustard products)**, 5% black garlic, 2.5% garlic, 2.5% chilli.

Horseradish sauce: 70% horseradish root, 30% white wine vinegar.

Parsley oil: Extra virgin olive oil, parsley, extra virgin olive oil with garlic, garlic, salt.

Tomato caramel: brown sugar, tomato, water

Citronette: extra virgin olive oil, lemon juice, **mustard (mustard and mustard products)**, salt, pepper.

Vegetable mayonnaise: **soy drink (soy and soy products)**, extra virgin olive oil, **mustard (mustard and mustard products)**, lemon juice, white wine vinegar, turmeric, salt;

purple cabbage ketchup: Purple cabbage, brown sugar, balsamic vinegar, onion, garlic, salt.

Pumpkin and ginger mustard: Pumpkin, brown sugar, onion, ginger, garlic, salt.

Pear and ginger mustard: Pears, brown sugar, onion, lemon juice, ginger, salt

Sweet and sour sauce: White wine, red peppers, rice vinegar, **soy sauce (soy and soy products)**, paprika, brown sugar, corn starch, garlic, ginger, coriander, apple cider vinegar, salt, onion powder, chili pepper, seaweed, rice syrup, black pepper, **may contain traces of molluscs or crustaceans.**

Miso vegetable mayonnaise: **soy drink (soy and soy products)**, extra virgin olive oil, **mustard (mustard and mustard products)**, lemon juice, white wine vinegar, rice miso, salt.

Sweets

Tiramisu:

50% *for the cream*: 35% **cream**, 35% **mascarpone (milk and milk products)**, 20% **eggs (eggs and egg products)**, 10% brown sugar.

+30% *For ladyfingers*: 35% **eggs (eggs and egg products)**, 30% brown sugar, 25% rice and buckwheat flour, 5% lemon, 5% vanilla.

15% Soaked in 100% Arabica coffee and 5% dusted with bitter cocoa.

Shortcrust pastry and chocolate ice cream:

For ice cream: **cream, milk (milk and milk products), eggs (eggs and egg products)**, cane sugar, cocoa, dark chocolate 85%.

For the shortcrust pastry: Corn flour, rice flour, buckwheat flour, **butter (milk and milk products), eggs (eggs and egg products)**, baking powder, lemon peel, vanilla, salt.

Smoked apples: salt, sugar.

Cocoa sauce: brown sugar, water, cocoa

bergamot caramel: Sugar, bergamot juice

Orange and vanilla baked cream: Milk, **lactose-free cream (milk and milk products), eggs (eggs and egg products)** sugar, orange, vanilla. Served with fresh passion fruit.

Paris- Brest:

For the cream puffs: Water, **milk, butter (milk and milk products), eggs (eggs and egg products)**, corn flour, rice flour, brown sugar, salt.

Whipped cream (milk and milk products)

Toffee ice cream : **cream, milk (milk and milk products), eggs (eggs and egg products)**, brown sugar, vanilla, salt.

Caramel: water, brown sugar

Hazelnut: Raw sugar, **hazelnut paste (nuts)**, sunflower oil, **milk (milk and milk products)**, cocoa, cocoa butter, **soy lecithin (soy and soy products)**, vanilla extract.

Fruit sorbets: Fruit, brown sugar, spices and flavourings

Banana ice cream: banana. **Milk, cream (milk and milk products)**, cane sugar, lemon.

Vegetable shortcrust pastry: Corn flour, rice flour, sunflower oil, **almond vegetable drink (nuts)**, brown sugar, lemon, baking powder, salt

Apple and ginger jam: 60% apples, 20% brown sugar, 15% ginger, 5% lemon.